



Guardian Gals, Inc. Empowering: Generosity of Thought & Inspired Action

"It was a pleasure to co-host **100 Coffee Pauses For Causes** at Isabella's Copper Pot with Abby Hamilton & Guardian Gals, Inc. What stands out most to me over 100 consecutive weeks of gathering businesses, non-profits & community members, is the connections between groups that were made & awareness of the need for individuals to feel connected. This gathering represented to me how GGals, Inc. inspires connections & cultivates the belief that if others do well, we are all lifted & thrive."

-Stacy Shafto, Owner of Isabella's Copper Pot

"The Guardian Gals really seemed to enjoy experience volunteering their talents & energy to Otsego County's **We Honor Military Event** held in September."

-Cindy Goddard, GGals, Inc. BOD Member

"The Zonta Club of Gaylord Area wishes to express sincere gratitude to Abby Hamilton, Guardian Gals, & their supporters for allowing us to hold our annual **Women At Risk International Jewelry Party** at Ggals' Headquarters. The use of this space allows Zonta to further our mission of advancing the status of women. Specifically, through this event, we are able to fight human trafficking by both, fundraising & increasing public awareness on the prevalence of exploitation of women, locally & internationally."

-Amber Theriault, Zonta Int'l of Gaylord

"Abby Hamilton & the GGals were a tremendous asset to the **2nd Annual Gaylord Alpenfrost**. Not only did they organize & provide prizes for the kids' games, they also assisted in the Frosty 5k. What a great organization they are. Our community is very lucky to have them!"

-Jenni Caverson, Alpenfrost Vice-President

"Point of Peace Counseling thanks Guardian Gals for hosting our **1st Art Journaling Series** GGals, Inc. Headquarters has the perfect environment for girls to gather & let their creativity out to play, as well as affording a safe place for self-exploration. I look forward to future collaborative efforts, working to Help Guardian Gals, Inc. fulfill its mission!"

-Kristin Lubs, MA, LLPC

"Guardian Gals & members of **American Association of University Women Gaylord Branch** have worked together on various community events, including our "**Woman Making History**" luncheon & **Used Book Sale**. Our mentoring experience with these young women is augmented by what they teach us- our future is indeed bright."

-Mary Tomaski, AAUW of Gaylord

"We love the Guardian Gals! They have assisted their with the heavy lifting at **Michaywe Arts & Crafts Fair** for the past 2 years. All of the girls have been courteous, dependable, & hard working. We look forward to working with them again!"

-Todd Chwatun, Michaywe General Manager

"We are indebted to the enthusiastic efforts of Guardian Gals interviewing our **Wings Over Gaylord Airshow** attendees. The information they gathered during the event provided us with important statistics which helped us focus advertising dollars, attendee likes & dislikes & overall effected how we build the following year's show. Our sincere thanks to all of you!"

-Matt Barresi, Gaylord Regional Airport Dir.

"Guardian Gals Inc. has been instrumental in creating another successful **Alpenfest 5k/10k Run/Walk** for the community of Gaylord. They created inspirational signs that were posted along the route; not only guiding the athletes, but also urging the participants to keep going. Several gals volunteered their time along the course. Gals volunteered their time to assist us with registration, which is no easy task with 500 athletes. My personal favorite was witnessing some of the girls running out at the end of the course to inspire & push runners as they were nearing the finish. Thank you Guardian Gals for your assistance & for all the random acts of kindness you do."

-Annette Kowatch, Alpenfest Run Committee

"As a once tentative teenager myself, it was inspiring to witness as the Guardian Gals volunteered their runway debut at the **2012 United Way Power of the Purse Event**. Their initial shyness was quickly replaced with confidence as they modeled purses to a greater room of confident philanthropic women who were smiling & cheering them on. Powerful indeed!"

-Monica Graham, GGals, Inc. BOD Member

"Guardian Gals are PHILANTHROPY! The Guardian Gals annually share their time, talent & treasure with the O.C.C.F. (Otsego County Community Foundation) by creating an auction item for **Extreevaganza**, held each year in December. It is exciting to see young women empowered individually & collectively making a difference."

-Dana Bensinger, O.C.C.F. Executive Director