

Gg Sample Daily Agenda
5-12th Grade

- 8am** Elder GGals Begin @ GGals, Inc. Headquarters To Prep For Day
- 9am** Younger GGals Begin @ GGals Headquarters To Begin Day
- Volunteer Sign-In, Pay, Gratitudes, Inspirations, Share Needs, Agenda
- 10am** **BeFit• BeStrong• GoGirlGo!**
- **Objectives For This Hour:**
 - Get GGals active & encourage activity for life!
 - Get inactive girls physically active.
 - Encourage wholesome lifestyle, happy outlook, & healthy self-image. □
 - Promote self-esteem, self-respect, & self-confidence. □
 - Endorse acceptance & respect of others. □
 - Gg learn to become great leaders & vocal advocates for healthy lifestyle. □
 - Gg Cook With Healthy Whole Food Ingredients @ Hamilton Homestead Kitchen. □
 - Gg grow whole food ingredients in Hamilton Homestead garden space. □
- 11am** **Giving & Charity • GGals, Inc. T3W School of Philanthropy**
- **Objectives For This Hour:**
 - Giving, charity, & wealth will be discussed & explored in community. □
 - GGals will actively learn about & give of their time, talent, & treasures. □
- 12:00pm** **Gratitude • Girl Talk • Nutrition**
- **Objectives For This Hour:**
 - GGals will picninc w/ healthy sack lunches @ different city parks/courthouse lawn.
- 12.30pm** **Connecting • Building • Aspiring • GGals, Inc. Leadership Power Hour Mentoring Peace Teas**
- **Objectives For This Hour:**
 - Expose GGals to various inspirational community leaders. □
 - Introduce & toast Passions, Visions, & Missions of these leaders. □
 - Explore & compliment 11 qualities present in aspiring leaders. □
 - Elders lead youngers to break•find•use•share the Courage Code! □
- 1:30pm** **Go Green • GGals, Inc. R3U & Healthy Roots Environmental Action**
- **Objectives For This Hour:**
 - GGals will reduce, reuse, recycle, & upcycle! □
 - Gg will actively volunteer their efforts where environmentally needed. □
 - Gg will tend to various vessels @ The Hamilton Homestead. □
- 2:30pm** **Creative Sparks Objectives For This Hour:**
- GGals will execute creativity through correspondence, care packaging, journaling, reading, book discussions, nail painting, poster making, etc.
- 3:30pm** **Wrap-Up□Objectives For This Hour:**
- Programming Director will provide both, closure for today's gathering & look ahead to build positive anticipation for next week's programming.
- 4pm** **GGals End @ GGals Headquarters To End Day**